IN-HOUSE PROGRAM U6-U7 GAME RULES

EQUIPMENT:

Size 3 ball
Shin guards
Soccer or tennis shoes - no baseball cleats
NO JEWELRY, NO EARINGS -(NO STARTER EARRINGS EVEN IF THEY ARE TAPED)
Eyeglasses must be secured with straps
NO HAIR BEADS

FORMAT:

4v4 with no goalies. No player may stand in the 'crease' area in front of the goal until the ball is played into that area 2 x 16 minute halves. A 1 minute water break will be issued at the 8 minute mark of each half There is no offsides There will be one center referee

RULES OF PLAY

THROW-INS: No throw-ins will be utilized. All restarts from out of bounds can either be kicked in or dribbled in from the sidelines.

GOAL KICKS/CORNER KICKS: If a ball is last touched by an attacking player across the endline, the ball will be placed on a spot 8 yards out in front of the goal to be taken as a goal kick by the defending team. If the defending team touches the ball last, the ball will be placed at the nearest corner resulting in a corner kick for the attacking team. In both cases, the opposing team must be at least 5 yards away from the ball prior to is being kicked. Goal kicks may not be dribbled into play. Corner kicks may be kicked or dribbled in.

KICKS: Kick-offs may go forward of backward to begin play. All kicks are indirect, meaning they must be touched by one other player before scoring a goal.

SUBSTITUTIONS: On the fly, player coming off the field must exit at the 'bench' area.

SCORING: No goals can be scored from the defensive half of the field.